

Mga Rehiyon ng Pilipinas

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Mula Marso 2010, ang Republika ng Pilipinas ay may labing-pitong (17) rehiyon, walumpu't (80) na probinsiya, at isang daan at tatlumpu't walong (138) lungsod. Maliban sa National Capital Region (NCR), ang mga probinsiya ng bawat rehiyon ay nakatala sa ibaba at nasa loob ng panaklong ang kapital ng bawat probinsiya.

A. Region I: Region ng Ilocos (Ilocos Region)

1. Ilocos Norte (Laoag City)
2. Ilocos Sur (Vigan City)
3. La Union (San Fernando City)
4. Pangasinan (Lingayen)

B. Cordillera Administrative Region (CAR)

1. Abra (Bangued)
2. Apayao (Kabugao)
3. Benguet (La Trinidad)
4. Ifugao (Lagawe)
5. Kalinga (Tabuk City)
6. Mountain Province (Bontoc)

C. Region II: Lambak ng Cagayan (Cagayan Valley)

1. Batanes (Basco)
2. Cagayan (Tuguegarao City)
3. Isabela (Ilagan City)
4. Nueva Vizcaya (Bayombong)
5. Quirino (Cabarroguis)

D. Region III: Gitnang Luzon (Central Luzon)

1. Aurora (Baler)
2. Bataan (Balanga City)
3. Bulacan (Malolos City)
4. Nueva Ecija (Palayan City)
5. Pampanga (San Fernando City)
6. Tarlac (Tarlac City)
7. Zambales (Iba)

E. National Capital Region (NCR)

First District

City of Manila

Second District

City of Mandaluyong

City of Marikina

City of Pasig

City of San Juan

Quezon City

Third District

Caloocan City

City of Malabon

City of Navotas

City of Valenzuela

Fourth District

City of Las Piñas

City of Makati

City of Muntinlupa

City of Parañaque

Pasay City

Taguig City

Pateros

F. Region IV-A: CALABARZON

CAvite, **LA**guna, **BA**tangas, **R**izal, **Que**ZON

1. Batangas (Batangas City)
2. Cavite (Trece Martires City)
3. Laguna (Santa Cruz)
4. Quezon (Lucena City)
5. Rizal (Antipolo City)

G. Region IV-B: MIMAROPA

Occidental **MI**ndoro, Oriental **MI**ndoro, **MA**rinduque, **RO**mblon, **PA**lawan

1. Marinduque (Boac)
2. Occidental Mindoro (Mamburao)
3. Oriental Mindoro (Calapan City)
4. Palawan (Puerto Princesa City)
5. Romblon (Romblon)

H. Region V: Rehiyon ng Bicol/Bicolandia (Bicol Region)

1. Albay (Legazpi City)
2. Camarines Norte (Daet)
3. Camarines Sur (Pili)
4. Catanduanes (Virac)
5. Masbate (Masbate City)
6. Sorsogon (Sorsogon City)

I. Region VI: Kanlurang Visayas (Western Visayas)

1. Aklan (Kalibo)
2. Antique (San Jose de Buenavista)
3. Capiz (Roxas City)
4. Guimaras (Jordan)
5. Iloilo (Iloilo City)
6. Negros Occidental (Bacolod City)

J. Region VII: Gitnang Visayas (Central Visayas)

1. Bohol (Tagbilaran City)
2. Cebu (Cebu City)
3. Negros Oriental (Dumaguete City)
4. Siquijor (Siquijor)

K. Region VIII: Silangang Visayas (Eastern Visayas)

1. Biliran (Naval)
2. Eastern Samar (Borongan City)
3. Leyte (Tacloban City)
4. Northern Samar (Catarman)
5. Samar (Catbalogan City))
6. Southern Leyte (Maasin City)

L. Region IX: Tangway ng Zamboanga (Zamboanga Peninsula)

1. Zamboanga del Norte (Dipolog City)
2. Zamboanga del Sur (Pagadian City)
3. Zamboanga Sibugay (Ipil)

M. Region X: Hilagang Mindanao (Northern Mindanao)

1. Bukidnon (Malaybalay City)
2. Camiguin (Mambajao)
3. Lanao del Norte (Tubod)
4. Misamis Occidental (Oroquieta City)
5. Misamis Oriental (Cagayan de Oro City)

N. Region XI: Rehiyon ng Davao (Davao Region)

1. Compostela Valley (Nabunturan)
2. Davao del Norte (Tagum City)
3. Davao del Sur (Digos City)
4. Davao Oriental (Mati City)

O. Region XII: SOCCSKSARGEN

SOuth Cotabato, **C**otabato, **S**ultan **K**udarat, **SAR**angani and **GEN**eral Santos City

1. North Cotabato (Kidapawan)
2. Sarangani (Alabel)
3. South Cotabato (Koronadal)
4. Sultan Kudarat (Isulan)

P. Region XIII: CARAGA

1. Agusan del Norte (Cabadbaran City)
2. Agusan del Sur (Prosperidad)
3. Dinagat Islands (San Jose)
4. Surigao del Norte (Surigao City)
5. Surigao del Sur (Tandag City)

Q. Autonomous Region in Muslim Mindanao (ARMM)

1. Basilan (Isabela City)
2. Lanao del Sur (Marawi)
3. Maguindanao (Buluan)
4. Sulu (Jolo)
5. Tawi-Tawi (Bongao)